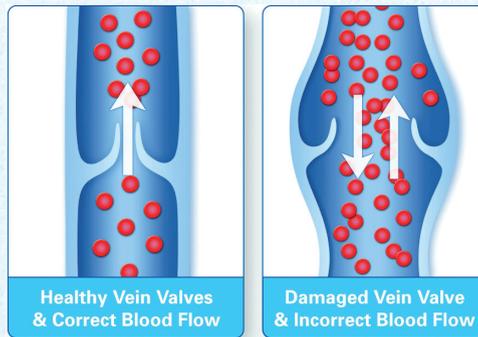


Chronic Venous Insufficiency

Your legs have a network of veins. These veins have hundreds of one way valves that help the return of blood back to the heart. Venous reflux disease develops when one or more of these valves fail, causing blood to pool in the legs. The veins dilate causing varicose veins and spider veins to develop. Achy, tired, heavy, painful, and fatigued legs can develop as a result of venous reflux. Leg swelling can occur. Skin itching and burning can occur. The skin can become dry, red, discolored, or an ulcer can form. Vein Thrombosis (blood clot) is another venous disorder.

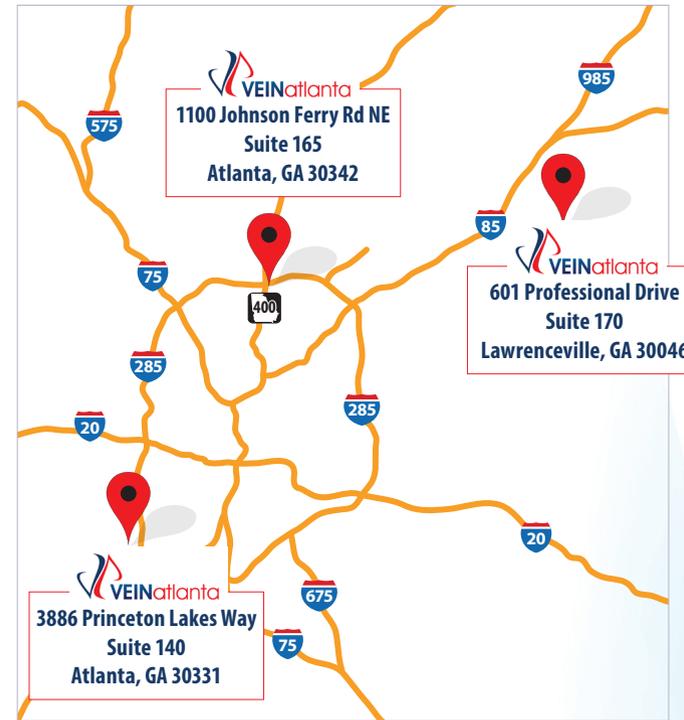


But not to worry, VEINatlanta possesses the skill and technology to successfully treat venous disease and restore your legs to a healthy, youthful look and feel.

How Do I Get Started?

CALL 404-446-2800 to make an appointment, or go to **VEINatlanta.com** and fill out an on-line request form.

At the initial consultation, you will receive an evaluation by one of our providers, a venous ultrasound examination and a custom fitting for compression stockings. A treatment plan will be created for you and submitted to your insurance carrier for authorization. Once approved, your patient advocate will call you to schedule your treatment.



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Suite 170
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PHONE **404-446-2800** **VEINATLANTA.COM**



- ▲ TIRED, HEAVY LEGS
- ▲ ACHY, PAINFUL LEGS
- ▲ SWOLLEN LEGS
- ▲ NIGHT CRAMPS
- ▲ BULGING VEINS

PHONE **404-446-2800** **VEINATLANTA.COM**

Welcome to VEINatlanta

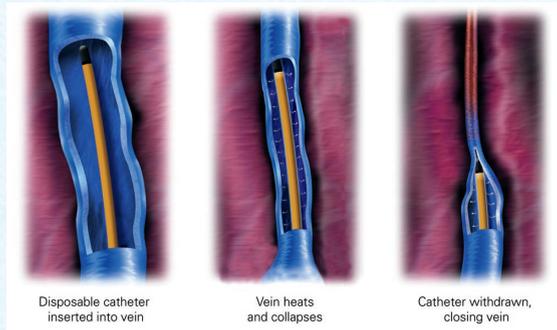
VEINatlanta is here to help you solve your vein problems. From the tiniest spider vein to the most complex varicose vein, Dr. Louis Prevosti, Dr. James Fonger and Dr. Keith Moore are dedicated to restoring health and youthfulness to your legs. VEINatlanta is owned and operated by Dr. Prevosti, so you will receive personal attention to detail from our physicians with a thorough diagnosis and a complete treatment plan for your venous disease. Everything will be explained to you, and the procedure will be carried out with gentle hands and sincere care for your well-being. Venous insufficiency disease is covered by insurance.



Treatment Options

When you come to VEINatlanta, you will receive a thorough evaluation by Dr. Prevosti and his team. This includes a venous duplex ultrasound exam that checks the veins in your leg for venous reflux and blood clots. A complete treatment plan will be created for you and explained to you. The best treatment modalities are used at VEINatlanta. All treatments are done under local anesthesia, and normal activities can be resumed immediately. Our patient advocate department works with your health insurance company to maximize your coverage. Payment plans and self-pay options are available.

Vein Treatments:



Radiofrequency Venous Closure involves inserting a thin catheter into the refluxing vein. The catheter delivers thermal energy to the vein wall, causing it to heat, collapse, and seal shut. Symptoms can dramatically improve after this procedure.

Ultrasound guided foam sclerotherapy is sometimes used to treat refluxing veins. A tiny needle is used to insert medical foam into the vein, which causes the vein to shrink and close. Varithena is a FDA approved foam.

Ambulatory Micro-Phlebectomy: For varicose veins that are bulging, the vein is removed through 1/8 inch incisions. There is a dramatic improvement in the appearance of the legs after this procedure. This is not vein stripping, which is an obsolete procedure.

Sclerotherapy: Medication is injected via fine needle into the spider veins causing the spider vein to close down. Over the next few weeks to months, the spider veins fade away. Asclera is a FDA approved medication. More than one session is typically needed.

Surface Laser Treatment: For small spider veins, a narrow laser beam is used to ablate the veins. The spider veins fade away over the next few weeks. More than one session is commonly needed.

VenaSeal: The VenaSeal is the first FDA approved "superglue" treatment to permanently treat abnormal leg veins by sealing them with superglue. It is a new minimally invasive way of treating venous insufficiency.

Visit our website for educational videos and more information.

Frequently Asked Questions

What are varicose veins?

Varicose veins are enlarged, twisted, blue veins that are close to the surface of the skin. Because valves in them are damaged, they hold more blood at higher pressure than normal. That forces fluid into the surrounding tissue, making the affected leg swell and feel heavy, achy, tired, painful, and fatigued. Skin symptoms include itching, burning, dryness, redness, and ulceration. Sometimes varicose veins can be present without symptoms. Eventually the veins get worse and symptoms develop.

What are spider veins and reticular veins?

They are smaller diseased veins. Phlebologists (vein specialists) categorize abnormal veins by their diameter: spider veins < 1mm, reticular veins 1-3 mm, and varicose veins > 3mm.

What causes varicose veins and spider veins?

Leg veins have hundreds of one way valves that direct venous blood up the leg toward the heart. When one or more of these valves "leak" gravity pulls blood back down the leg in reverse direction. This causes increased blood and pressure in the veins and surrounding tissue. This is called **venous reflux** or **venous insufficiency**.

What are the signs and symptoms of venous reflux?

The legs can ache, feel fatigued, tired, heavy, and painful. Swelling can occur. Symptoms can worsen after standing or sitting for an extended time. Skin itching, burning, redness, dryness, discoloration, and ulceration can also occur.

Who is at risk for varicose veins?

Risk factors include family history, age, female gender, pregnancies, vocations that require prolonged standing or sitting, obesity, and a history of past vein disease (such as DVT).

Why treat varicose veins?

The decision to treat varicose veins is based on relieving symptoms, restoring health to the legs, improving circulation, and improving their appearance. Treating varicose veins and venous reflux will prevent more advanced problems, such as permanent skin discoloration and skin ulceration. It may help reduce the chance of superficial venous thrombosis (painful blood clots), and deep venous thrombosis (DTV-a dangerous medical condition). It will also help prevent the recurrence of varicose veins and spider veins.

Is treatment covered by insurance?

In most cases, venous reflux treatment is covered by insurance. Coverage is ultimately determined by the insurance carrier policies, the finding of the ultrasound examination, the patient history, and physical examination.

Is treatment painful?

All treatments at VEIN Atlanta are done in the office using local anesthesia. Except for the pinch of the fine needle used to numb the skin, there is no pain or discomfort. Post procedure pain medication is rarely necessary.

How quickly can I resume activities?

Walking is encouraged after treatment. Normal daily activities can be resumed the same day. Light exercise can be resumed in 3 days, and strenuous exercise in 7-10 days.

How quickly will I notice improvement?

Most symptoms resolve within a few days to weeks after radiofrequency closure and laser ablation. The tiny incisions of ambulatory micro-phlebectomy heal over a few weeks. Spider veins can take several weeks to months to fade away.

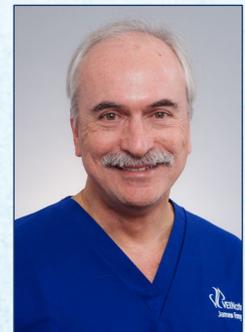
Our Providers



Dr. Louis Prevosti received his training at Albany Medical College, New York Hospital-Cornell Medical Center, National Institutes of Health, and The Cleveland Clinic Foundation. He began his Atlanta cardiovascular surgery private practice 25 years ago. Dr. Prevosti has performed over 5000 open heart operations and over 20,000 vein procedures. He is board certified in cardiovascular surgery and

a Diplomat of the American Board of Venous and Lymphatic Medicine. He is also an accredited Registered Phlebology Sonographer. He is a fellow of the American College of Surgeons and the American College of Phlebology, and a member of The Society of Thoracic Surgeons.

Dr. James Fonger graduated from University of Manitoba College of Medicine. He completed his cardiovascular surgery training at the University of Toronto, UCSF and Johns Hopkins Hospital. Dr. Fonger is board certified in general surgery and cardiovascular surgery. He is a Diplomat of the American Board of Venous and Lymphatic Medicine and an accredited Registered Physician Vascular Ultrasound Interpreter. He is a member of the American College of Phlebology, the Society of Thoracic Surgeons and European Association of Cardiothoracic Surgery.



Dr. Keith Moore graduated from the University of Missouri Kansas City School of Medicine. He completed his internship and residency in general surgery at the Brookdale Hospital Medical Center in Brooklyn, New York. Dr. Moore is board certified by the American Board of Surgery and a Diplomat of the American Board of Venous and Lymphatic Medicine. He is also

accredited as a Registered Phlebology Sonographer. He is a member of the American College of Phlebology, the Surgical Laparoscopic Society and National Medical Association.