

Orthopaedic Conditions and Treatments

Some common musculoskeletal problems diagnosed and treated by your General Orthopedist include:

- ◆ AC Joint Repair (Shoulder)
- ◆ Achilles Tendon Repair
- ◆ ACL Reconstruction (Knee Ligament)
- ◆ Arthroscopic Surgery
- ◆ Carpal Tunnel Syndrome
- ◆ Fracture Care
- ◆ Spine Fracture (Kyphoplasty)
- ◆ Humerus (Shoulder)
- ◆ Elbow
- ◆ Forearm
- ◆ Distal Radius/Wrist
- ◆ Hip Fracture
- ◆ Femur (Thigh Bone)
- ◆ Tibia (Shin Bone)
- ◆ Fractured Ankle Repair
- ◆ Hip Replacement
(Total Hip Replacement, Arthroplasty, etc.)
- ◆ Knee Replacement
(Gender Specific Knee Replacement,
Total Knee Replacement, Arthroplasty, etc.)
- ◆ Osteoarthritis
- ◆ Partial Meniscectomy
- ◆ Patellofemoral Surgery
- ◆ Rotator Cuff Repairs
- ◆ Shoulder Instability
- ◆ Shoulder Replacement
(Shoulder Joint Replacement)
- ◆ Stem Cell Injection
- ◆ Surgery for Hip Arthritis
- ◆ Surgery for Knee Arthritis
- ◆ Trigger Finger



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General Orthopaedics in San Antonio

Orthopaedic Surgeons specialize in treatment of your musculoskeletal (or locomotor) system. Your musculoskeletal system is comprised of the bones, muscles, joints, cartilage and tendons that give your body the structure it needs for support, structure, and stability, and mobility.

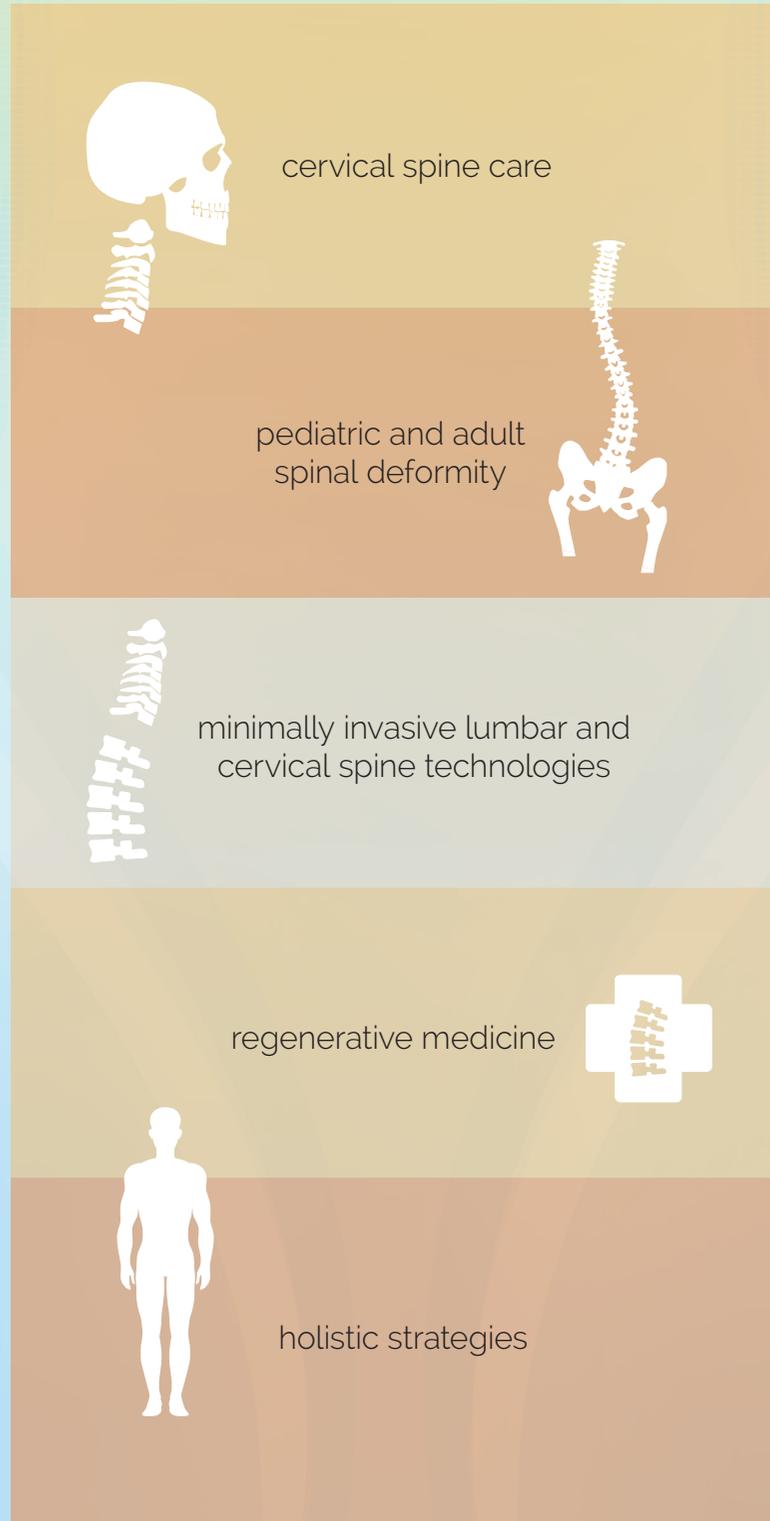
When this system breaks down, either by sports injuries and repetitive movement injuries, or through degenerative diseases like Osteoarthritis or Rheumatoid Arthritis, you may need a General Orthopaedist (orthopaedic specialist) to correctly assess, diagnose, and treat your orthopaedic problem.

orthopaedics – /orth · o · ped · ics/

The term "orthopaedics" is from the Greek "to straighten." In Great Britain the term evolved into bone setting, then later into joint repair, and finally into the modern "orthopedic" surgery.

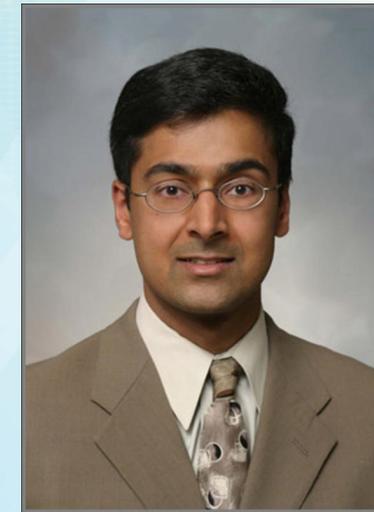
You may be experiencing pain from a compromised joint, such as a breakdown of cartilage in your knee causing bone to rub against bone. Or you may be suffering from an Orthopaedic Disorder that compromises the function of your entire musculoskeletal system, like arthritis or deconditioning from being out of shape. Many of these problems respond to a tailored physical therapy program.

Orthopaedic Surgeon Special Clinical Interests



Ajeya P. Joshi, M.D.

Originally from Lexington, Massachusetts, Dr. Joshi specializes in spinal disorders and has been in practice in San Antonio for 13 years. He graduated Dartmouth College summa cum laude with a Bachelor of Arts degree in Mathematics and Biochemistry. Dr. Joshi graduated from Harvard Medical School and completed his orthopaedic training in the Harvard Combined Orthopaedic Residency Program.



Dr. Ajeya Joshi

He then completed a comprehensive fellowship in spinal surgery at Baylor College of Medicine. Dr. Joshi's special clinical interests include cervical spine care, pediatric and adult spinal deformity, and

minimally invasive lumbar and cervical spine technologies, as well as the use of regenerative medicine and holistic strategies in treating orthopedic and spinal injuries.

Dr. Joshi is board certified by the American Board of Orthopaedic Surgery and is available to see patients at our Stone Oak location.