

Welcome to Lee Side Wellness

Hello, and welcome to Lee Side Wellness. My name is Dr. Lee Tyson, and I am the founder and owner of this new and exciting mental wellness center. Lee Side Wellness is a team of dedicated psychiatric professionals whose mission is to empathically enhance the lives of people impacted by psychiatric illness and addiction issues by fostering hope, help, and healing.

At heart, my life's calling is to serve others by compassionately helping those in need. I experience joy and a true sense of purpose through engaging patients in the context of open and honest relationships. I love listening, providing guidance, and identifying opportunities to extend grace.

My approach is grounded in the core value that all people matter, are of sacred worth, and warrant the finest in psychiatric healthcare. In me, you will find a person fully devoted to the familiar 5 C's of Care: commitment, conscience, competence, compassion, and confidence. We at Lee Side Wellness espouse that all five C's are needed for the clinician to understand and empathize with the needs of patients. These not only lead to better relationships with patients, but also transfer easily into the life of the patient who seeks to improve their wellness outcome.

As a dual-doctoral-prepared Psychiatric-Mental Health Nurse Practitioner, I bring a wide range of clinical, ministerial, and life experience to this practice. I am board certified as a Psychiatric Nurse Practitioner, Adult Nurse Practitioner, and Nursing Addictionologist. I served many years in professional, ordained ministry before extending my career in the sphere of advanced psychiatric nursing practice.

Sincerely,

Lee

Mason Office

7577 Central Parke Blvd • Suite 113
Mason, OH 45040 P: **513-204-1910**

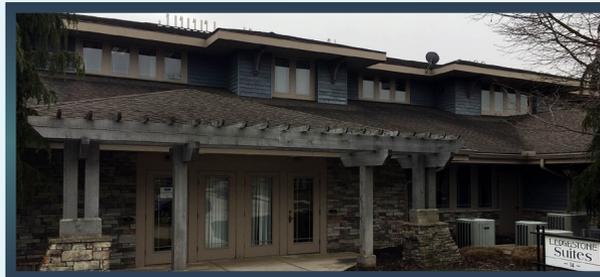


Our Mason office is conveniently located near I-71 and I-75 near the intersection of Mason Montgomery Road and Cedar Village Drive in the CMC office Center.

- **From Interstate 71**
- I-71 to Exit 19, then North on Mason Montgomery Rd
- West on Cedar Village Dr to 3rd driveway on right
- **From Interstate 75**
- I-75 to Exit 22, then East on Tylersville Rd
- South on Mason Montgomery Rd
- West on Cedar Village Dr to 3rd driveway on right

Springboro Office

14 Remick Blvd • Suites 204 & 205
Springboro, OH 45066 P: **513-204-1910**



Our Springboro Office is located near I-75 near the intersection of Main Street and Remick Blvd in the Ledgestone Professional Park.

- **From Interstate 75**
- I-75 to Exit 41
- East on Austin Blvd to 741 South
- South on 741 to Remick Blvd
- East on Remick to Ledgestone Park

LEE SIDE
WELLNESS
empathic psychiatric services



Dr. Ronald Lee Tyson

513-204-1910

Our Philosophy & Approach

"Lee Side" is a traditional nautical term which refers to the side of a ship or land that is sheltered from the wind or storm. The term "lee" itself means "shelter." Thus, as the waves swell and the winds buffet, all is well on the leeward front.

And so it is at Lee Side Wellness, LLC - a mental healing center. The mission of Lee Side Wellness is to be that safe haven, that lighthouse, that "lee side" of life's vessel which provides safety and promotes wellness in the midst of our storms. We at Lee Side recognize that life can be hard, mental illness and addictions happen, often prompting us to reach out for professional support through the medium of psychotherapy and psychotropic medicine.

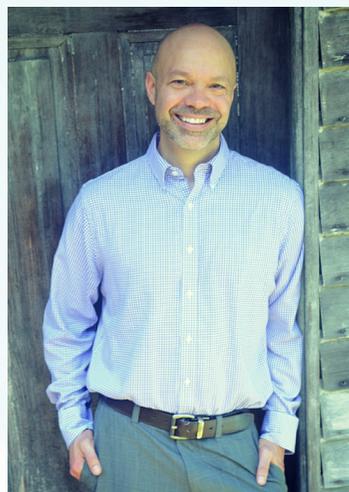
Like the World Health Organization, Lee Side Wellness views mental health to be that "state of well-being in which the individual realizes his or her own abilities, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community" (www.who.int). That sounds easy enough, but due to stigma, discrimination, and other mental healthcare barriers, emotional wellness is frequently inhibited.

That's where we at Lee Side come in... The clinicians at Lee Side Wellness feel it is our life's calling to be there for our patients, navigating them through these complicated and potentially treacherous waters. Our approach to mental wellness is deeply influenced by two simple ideas: no one is truly alone, and we are better together. If you are reading this mission statement there is a strong chance you or someone you love is in a period of doubt, stress, or trial. So whether here or someplace else, we encourage you to embrace one of the hardest, yet bravest choices you may ever make... extend your hand for help. Our hope is that you will allow us to come alongside you and guide your "ship" back to harbor, safe and sound.

Know this, help and healing are real and readily available. There is always hope, and there is always strength enough - together - to rise above the pain. Let us guide you back to the lee side of life!

Meet Dr. Tyson

**Ronald Lee Tyson, DNP, DMin
CNP, PMHNP-BC, ANP-BC, CARN-AP**



Dr. Tyson is an Advanced Practice Nurse holding dual doctorates in Psychiatric-Mental Health Nursing Practice and Theology & Spiritual Formation. He is board certified as a Psychiatric Mental Health Nurse Practitioner, Adult Nurse Practitioner, and Certified Addiction Registered Nurse-Advanced Practice (Nursing Addictionologist).

Before entering the mental health industry Dr. Tyson served as a pastor for many years, and still devotes time as adjunct clergy. Dr. Tyson earned degrees from Anderson University, Anderson University School of Theology, Knox Theological Seminary, University of Cincinnati, and University of Louisville. He completed a preceptorship/residency experience and was polished as a psychiatric provider and psychopharmacologist at Cincinnati Children's where he was mentored by internationally-renowned bipolar research scientist and clinician, Melissa Delbello, MD, MS.

He later received extensive clinical experience at Talbert House working with those having severe mental illness, where many of his patients were indigent and in case management services. More recently, Dr. Tyson has offered his gifts and graces as an attending psychiatric hospitalist for Assurance Health System, Lindner Center of Hope, and Beckett Springs Hospital. Dr. Tyson has extensive inpatient experience and expertise in substance abuse issues, adult, geriatric, and pediatric psychiatry, as well as severe mental illness. He also enjoys his role as an Assistant Professor Clinical at the University of Cincinnati College of Nursing where he helps lead the Psychiatric Mental Health Post-Masters Certification Program.

Our Services

Sadly, there is a sizeable deficiency in mental healthcare provision in our community, with wait times averaging 8-12 weeks to access psychiatric services. Lee Side Wellness understands the problematic nature of this dearth in care, and pledges to work diligently to provide a more timely availability of initial assessments. Adult patients may refer themselves or be referred by their primary care provider.

It is hoped that patients will establish an on-going relationship with Lee Side Wellness, but we recognize that these assessments may also serve as a second opinion or merely to initiate a new treatment until a mental health provider closer to your home or in your insurance network may become available. Our objective is to meet you at your point of greatest need.

Conditions Treated

Lee Side Wellness treats a variety of psychiatric conditions, including this non-exhaustive listing:

- ⚙ Anxiety
- ⚙ Depression
- ⚙ ADHD
- ⚙ Bipolar Disorder
- ⚙ Schizophrenia
- ⚙ Substance Abuse

Telepsychiatry (Video Conference) Appointments

In addition to in-person sessions, Lee Side Wellness offers telepsychiatry (live video appointments) to established patients over a secure HIPAA-compliant network.